

# Performance Leadership Programme

## The Neuroscience of Coaching Conversations

### A brain-based approach to driving performance through coaching

Performance Leadership Programme is a unique results-focused system that equips leaders with powerful neuroscience-based coaching skills to help employees achieve insights, commit to action, and build habits.

### Create lasting change through a culture of coaching

For more than 20 years, NLI has helped organisations build a culture of coaching by training managers to become coaches — teaching them to facilitate positive behaviour change using three core neuroscience frameworks:



### Virtual Delivery and Component

**Pre-orientation:**  
1 x 1 hour



**In-session:**  
Facilitated virtually over 3 half-days.



**Post-session:**  
Sustaining learning to build habits through self-practice.



### Learn more

For more information, please visit us at [neuroleadershipinstitute.org](https://neuroleadershipinstitute.org)