

PLP Performance Leadership Programme

Performance Leadership Programme The Neuroscience of Coaching Conversations

A brain-based approach to driving performance through coaching

Performance Leadership Programme is a unique results-focused system that equips leaders with powerful neuroscience-based coaching skills to help employees achieve insights, commit to action, and build habits.

Create lasting change through a culture of coaching

For more than 20 years, NLI has helped organisations build a culture of coaching by training managers to become coaches — teaching them to facilitate positive behaviour change using three core neuroscience frameworks:

> The SCARF[®] Model Teaches leaders to understand the five

> social drivers of threat and reward that

motivate employees.

STATUS

CERTAINTY

AUTONOMY

RELATEDNESS FAIRNESS **Growth Mindset**

GROWTH

MINDSET

Teaches leaders to help employees focus on progress, learn from their mistakes, and see change not as a threat but as a welcome challenge and an opportunity for learning and growth.



Teaches leaders to ask insight-inducing questions that lead employees to their own creative breakthroughs — helping them harness the energy that comes with insight to commit to action and build new habits.

Virtual Delivery and Component

Pre-orientation: 1 x 1 hour

In-session: Facilitated virtually over 3 half-days.

TOWARD REWARD

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Post-session:

Sustaining learning to build habits through self-practice.



Learn more

For more information, please visit us at **neuroleadershipinstitute.org**



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